

Reader Views

Book reviews, for readers, by readers.

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A New Dish

Cherie Burbach

iUniverse (2005)

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Reviewed by Irene Watson for Reader Views (5/06)

The first thing that attracted me to this book is the cover. Yes, we do judge the book by its cover. The light summer feel and grace of the daisies in a field conveys the same feelings as reading “A New Dish.” An accomplished author, Cherie Burbach recognizes the complexities and joys of life while giving the reader an opportunity to get in touch with their own inner being.

Let Go

Let go of your expectations
the ones you've carried so far on this road
holding them tight
holding them high in the air
asking me again to fulfill them....

Progressing through the book, Burbach takes the reader even deeper into the heart and mind, a place of contemplation.

How Long Will I Stay

Tell me you love me,
whisper my name.
Love me as I am,
don't wish me to change.

Unconditional love,
My heart longs to feel....

And, a final realization that:

This Is Who I Am

This is who I am
a girl, a smile.
This is who I am

with simple style.....

This is who I am
a spirit strong.
This is who I've been
all along.

“A New Dish” was important for me to read, taking me into the inner reaches of my soul. I resonated immediately with Burbach’s writing – it seemed that as I read each piece, it was my own experience that I was reading about. I had to stop and contemplate my own understanding of the moment. Of course, that catapulted me into reflection and either letting go of the past, or acknowledging, with gratitude, my growth.

Do I endorse and recommend “A New Dish”? Yes, definitely. Burbach is a talented author that can hook the inner being of the reader and take her or him on a journey to self-reflection.